

**Memorial
Presbyterian Church
October 2026
slmpc.ca**



In 1 Thessalonians 5:16–19, Paul writes, “Always be joyful. Always keep on praying. No matter what happens always be thankful, for this is God’s will for you who belong to Christ Jesus.” TLB

Here in Canada, October is a month that focuses on being thankful, but can we be joyful and thankful no matter what happens?

Be joyful always? We can if our joy comes from God and is not dependent on earthly circumstances. We can have a rich, meaningful relationship with God no matter what is happening in our world.

Pray always? Prayer is simply communication with God. It doesn’t have to be long and formal, but communication does involve listening as well as speaking.

Be thankful always? Is that even possible? We can be thankful in all circumstances if we focus on the fact that God never leaves us, that here is nothing we have to face on our own. We don’t have to be thankful for every hardship we experience but we do need to be thankful in those hardships.

When we follow these concise instructions, we are recognizing that it is God who is the source of our joy and thanksgiving. So, when others see our positive attitude and ask how we can possibly be responding this way? The love, grace and mercy we receive from God becomes a whole lot easier to share. May the peace of Christ, the love of God and joy of salvation be yours in the coming days.

Blessings, Jill

On September 9th, I attended the Town of Sylvan Lake's Interagency Resources meeting. What an eye-opening meeting! Our town has amazing resources and what we don't have is available in Red Deer and accessible here. Highlights?

211 Alberta – general help such as

- Housing
- Food, Essentials
- Mental Health
- Job and Newcomer Help
- Legal Support
- Childcare
- Healthcare
- Support for Families, Seniors and Youth
- and much more!

Nutrition

Victims Services

Kids supports (lots of them)

Surviving the Teen years

Dinner with the Nurses – meet with nurses for a light meal and important information about cooking, conflict and trauma. See the poster in the fellowship hall.

Older Adult Services Outreach –

- Financial Supports
- Mental Health;
- Grief and Loss Resources;

- Social and Recreational

- Mobility Concerns

- Caregiver Support

- Support Groups

- and more

Employment supports

Addiction support

Help for the Caregivers

Restorative Justice

Talk to Anna if you would like more information!

Community Supper

October 21st from 5-7 pm in Yoos Hall

Everyone is welcome to come and join us for a Fall Themed Supper.

(Free will offering if you wish)

Lorna



October Newsletter Sponsor

is Bunny Virtue

In memory of

Barry Virtue's passing

on October 31, 2020.





The Mission and Outreach team would like to thank you for contributing snacks for school children during the month of August. The food bank and the library were very appreciative of these donations.

During the month of October, we would like to help with food insecurity for people in our world! Locally we are asking you to bring a box of cereal for our local food bank. If you could bring a second one, we could also take it to the library for their free pantry! World wide, we are asking you to make a donation to the Food Grains through the Presbyterian P W S & D. You can make this donation through the church in your envelope. Be sure to mark that it is for Food Grains. We will hold a service on October 25 to celebrate this world-wide service project which is supported by many denominations! We are hoping to have someone with Food Grains experience to talk to us that day!

If you have an idea for a project you would like to support, please speak to one of our team members- Diane Powell, Barb Cooney, Pam Marchesi, Arlene Finnestad or Tammy Garson. We thank you for your continued support for mission locally and world wide!

Memorial Presbyterian Church

August 2026 Financials:

Total Income: 15,362.48

Expenses: 13,410.30

Net Income: 1952.18

Year to Date Total: 37,325.20



October 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30 AA Mtg 10am	1 Guides 6-830 Choir 7pm Sanc	2	3
4 Bud Sargent Al-Anon 7-9 (Communion)	5	6 Bible Study 11-12YH Guides 6-830	7 AA Mtg 10am Quilter's 7-9 YH	8 Guides 6-830 Choir 7pm Sanc	9	10
11 Tom Smith Al-Anon 7-9	12 Thanksgiving	13 Bible Study 11-12YH Guides 6-830	14 AA Mtg 10am Session 630	15 Board Mtg 930 Guides 6-830 Choir 7pm Sanc	16	17 Grandparents Circle 1-3 pm YH
18 Sylvia Kennedy Al-Anon 7-9	19	20 Bible Study 11-12YH Guides 6-830	21 AA Mtg 10am Community Supper 5-7 YH	22 Guides 6-830 Choir 7pm Sanc	23	24
25 Food Grains Bank Al-Anon 7-9	26	27 Quilter's 9-3 YH Bible Study 11-12 CR Guides 6-830	28 AA Mtg 10am	29 Guides 6-830 Choir 7pm Sanc	30	31 Quilter's 9-3 YH
1	2					